



Vanessa Terry, Principal
Chrissie Paradise, Assistant Principal
Calvin Ike, Assistant Principal
140 Plantation Road • Destrehan, LA 70047
Phone: 985-725-0123 • Fax: 985-725-0131

SHARK BITES

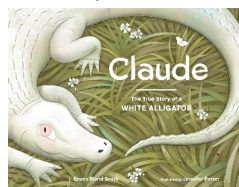
OCTOBER 2023

WHERE EVERY STUDENT EXCELS

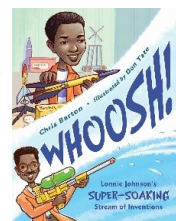
October's Message from Mrs. Terry

Greetings Schoeffner Shark Families,

The end of our first nine weeks of school is quickly approaching. Routines and expectations at school have been established. I hope the same is true for you at home. The follow through by staff, parents, and students is essential if our students are to BE THE BEST THAT THEY CAN BE! Effective communication within our team is one way to ensure that we are following through as expected. We are here to support you.



The month of October will be quite busy at ESE. On October 6, we will announce the 23-24 Student of the Year. We will welcome two published authors to Schoeffner, Emma Bland Smith and Chris Barton. Emma Bland Smith is the author of Claude: The True Story of a White Alligator. This is the book that Schoeffner's current 4th and 5th graders voted as their favorite book from the 22-23 nominations for the Louisiana Young Readers' Choice Award.



Thanks to a donation from the St. Charles Foundation, Mr. Chris Barton, author of Whoosh!: Lonnie Johnson's Super-Soaking Stream of Inventions, will get to share his talents with our students.

We can't wait to learn more about these talented authors and their books.

We will hold parent/student/teacher conferences on October 26 and 27. Students will be dismissed from school at 11:55 AM on these days. This conference provides you the opportunity to learn specifically about your child's strengths and challenges and how we can work together to help your child succeed. It is our hope that by having your child participate in the conference he/she will see the importance of teamwork to achieve success. Conference scheduling information will be forthcoming. Please respond to your child's teacher as soon as possible in order to schedule a convenient time for your visit.

We will celebrate Red Ribbon Week October 23 – October 31. In addition to the dress down opportunities mentioned below, we have planned special activities throughout the week to help our students realize the importance of living their best life and taking care of their body and mind. **Be Kind to Your Mind. Be Drug Free.™**

Red Ribbon Week October 23 – October 31

- **Monday** – Students may wear a red shirt with school appropriate bottoms of their choice. (Students will be given a dog tag on Monday to be worn each day of Red Ribbon Week.)
- **Tuesday** – ESE Students are Too Bright for Drugs – Students may wear any school appropriate bright colored shirt and/or bottoms.
- **Wednesday** – Follow your Dreams, Don't do Drugs – Students may wear pajamas (shoulders must be covered and bottoms must be school appropriate length) Students may not wear slippers to school.
- **Thursday** – ESE Students are Crazy about Being Drug Free – School Uniform with Crazy Hair
- **Friday** – Team Up Against Drugs – Students may wear a favorite team shirt with school appropriate bottoms.

Our PTO will be hosting Trunk or Treat on Monday, October 31 for our students and the students of New Sarpy Elementary. Please be on the lookout for a flyer from PTO regarding participation and/or making candy donations. Students may wear a costume, but must be able to sit appropriately in his/her desk and bus seat. To prevent excessive distractions, costume props and full face makeup and masks will not be allowed. Shoulders and stomachs must be covered. Costume length shall be no shorter than two inches above the knee.

Families, thank you for your continued support. Please be sure to check the school calendar for other important dates and reminders. We firmly believe that working together, Every Student Excels.

October Counselor Connection



I am currently meeting with every homeroom for Morning Meeting to teach about the importance of Positive Self Talk. We're learning about how our thoughts influence our emotions and actions therefore starting with positive thoughts can truly impact and improve multiple areas. If you find the kids in your life struggling with negative self talk try the tips below.

HOW TO HANDLE NEGATIVE SELF-TALK IN KIDS



Empathize
Acknowledge the hard time they're having.



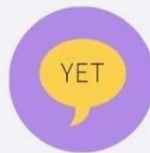
Correct them
Teach them to use positive thoughts.



Me too
Talk about similar situations you've gone through.



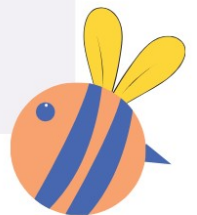
Model Positivity
Show them what optimistic thinking looks like.



The power of "yet"
Add "yet" to the end of their negative talks.
"I can't do this." "...yet."



Remind them
Redirect their focus to things they have already accomplished.



CONTACT ME

Mrs. Jackson

cjackson1@stcharles.k12.la.us

985-725-0123



Sick Children...Send to School or Keep Home?

Go to school - If your child has any of the following symptoms, they should be okay to go to school:

- Vague complaints of aches, pains or fatigue
- Single episode of diarrhea or vomiting without any other symptoms
- Ear infection without fever- your child does not need to be excluded, but should seek medical treatment.

Please keep home if fever or major pain is present.

Stay at home - If your child has any of the following symptoms, please keep your child home:

- Sniffles, runny nose and/or a cough - unless has a diagnosis of asthma or seasonal allergies.
- Fever - temperature of 101 degrees Fahrenheit or higher. Remember that a child must be fever free (without the use of fever-reducing medication) for 24 hours before returning to school.
- Eyes - with thick mucus or pus draining from the eye or pink eye. With pink eye you may see a white or yellow discharge, matted eyelids after sleep, eye pain and/or redness. Your child must receive 24 hours of antibiotics and/or doctor approval before returning to school.
- Sore Throat - with fever and/or swollen glands in the neck. Your child may return to school after 24 hours of antibiotic with strep throat.
- Vomiting - two (2) or more times within the past 24 hours, especially if the child acts or looks ill.
- Diarrhea - three (3) or more watery stools in a 24-hour period, especially if the child acts or looks ill.
- Rash - with fever or itching. Heat rashes and allergic reactions are not contagious.
- Lice, Scabies - children may not return to school until they have been treated and are free of live (moving) lice. Child must be checked by School Nurse upon arrival back to school after being treated at home.

If your child shows any of the above symptoms at school, it will be necessary to pick him/her up from school.

Please do not hesitate to call or email me with any questions, concerns or discussions.

Your School Nurse, Jamie Byrd, RN, BSN

Jbyrd1@stcharles.k12.la.us



FALL 2023 VACCINES

What are the options?

Who is eligible?

How well do they work?

When should I get it?

INFLUENZA



A shot that targets 4 strains of seasonal flu

6 months and older

Typically reduces the risk of going to the doctor by 40- 60%

October is ideal, as vaccine protection wanes over a season

COVID-19



Updated vaccine formula targeting XBB – an Omicron subvariant

Options: Moderna and Pfizer (mRNA) and Novavax (protein)

TBD. CDC will decide in mid-to-late September

Last year, the fall COVID-19 vaccine provided 40-60% additional effectiveness against severe disease

For protection against **severe disease**, get it anytime

Protection against **infection**: It's best to get it right before a wave, which can be challenging to time

RSV (OLDER ADULTS)



2 options: GSK and Pfizer. They are slightly different in design, but only at a microscopic level

60 years and older

82-86% efficacy against severe disease

Protection is durable. Get when it's available; no need to juggle timing

RSV (PREGNANCY)



Pfizer is actively seeking approval

Pregnant people (then protection will pass to baby for protection in first 6 months of life).

82% efficacy in preventing hospitalization in first 3 months of life. 69% efficacy after 6 months

It's not available yet but once approved, get at 24 to 36 weeks of pregnancy

RSV ANTIBODY



A new monoclonal antibody by AstraZeneca. This is not a vaccine (doesn't teach the body to make antibodies) but rather a proactive medication (provides antibodies).

All infants <8 months. High-risk infants 8-19 months

Reduces risk of hospitalization and healthcare visits by ~80%

Will be available soon.

Protection lasts 4-6 months

By: Katelyn Jetelina, MPH PHD and Caitlin Rivers, MPH PHD. For more information go to Your Local Epidemiologist

3rd Grade

Third graders are rolling right along! We are deep into our Cajun Folktale Guidebook unit in ELA where we are learning Louisiana's culture and tales all at the same time! Our focus has been on why a rabbit is a good trickster and how Louisiana's setting helps these rabbits play tricks on other animals. In math our third graders finished their unit on multiplication and will begin focusing on place value concepts through metric measurement. Third graders will be using all four operations to solve word problems involving weight. They can not "WEIGHT" for this hands on fun! In science, our littles are focused on weather. They are looking at the sky and clouds daily to predict future weather patterns and they have been using a precipitation (rain) gauge in the play yard to collect data on the amount of rain ESE has had over the course of the last few months. All 3rd graders are adjusting well and working as a team to accomplish their goals for the year!



Shannon, Kallie, Jaisyn & Zykyri working together and setting their plan!



Eli, Remi, Savannah & Keaton had a blast trying to save their little worm, Fred!



Ricky, Mason, Leland & Joseph saved "Fred" in our team building activity.



Antonio, Brayson, Hayden and Crosby communicated to decide what plan would be best!

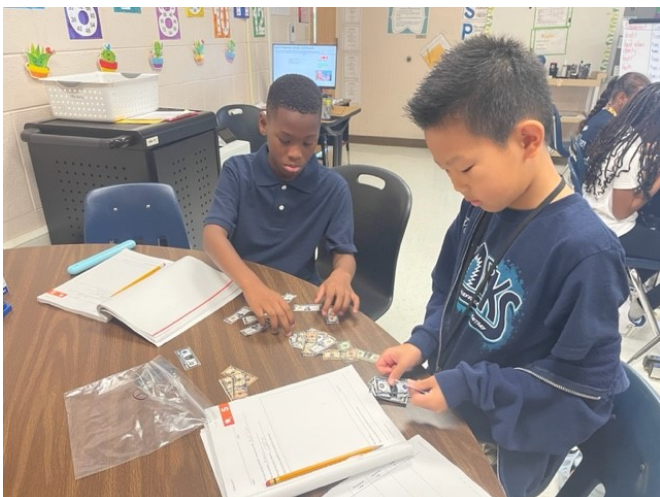
4th Grade

September has been an exciting, fun-filled month for our fourth graders! Outside of the classroom, the children had a ball at the Pelican's training camp. They also had the opportunity to participate in clubs for the first time this year.

Our students have been busy in the classrooms too. Our mathematicians completed the first module in Eureka Squared where they used multiplicative comparisons to describe place value relationships. They also built fluency with the standard algorithms for addition and subtraction. We are presently working in Module 2. The students are learning to use the distributive property to multiply two-digit numbers by one-digit numbers.

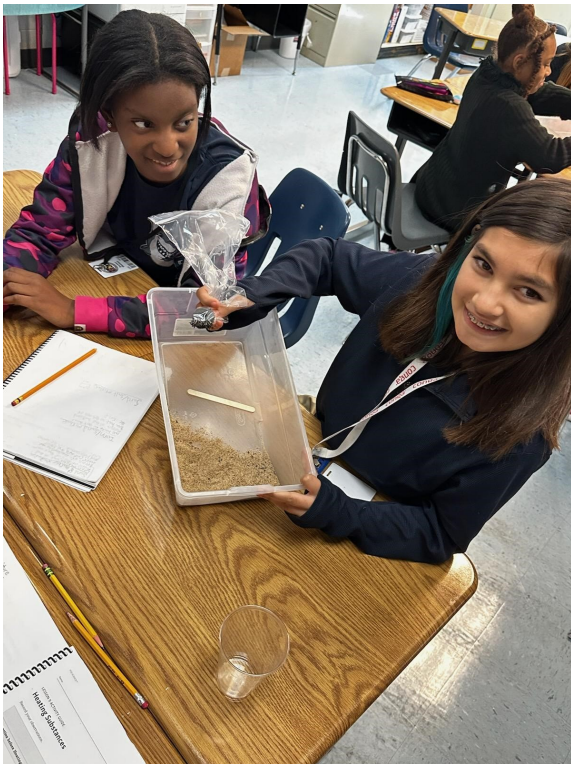
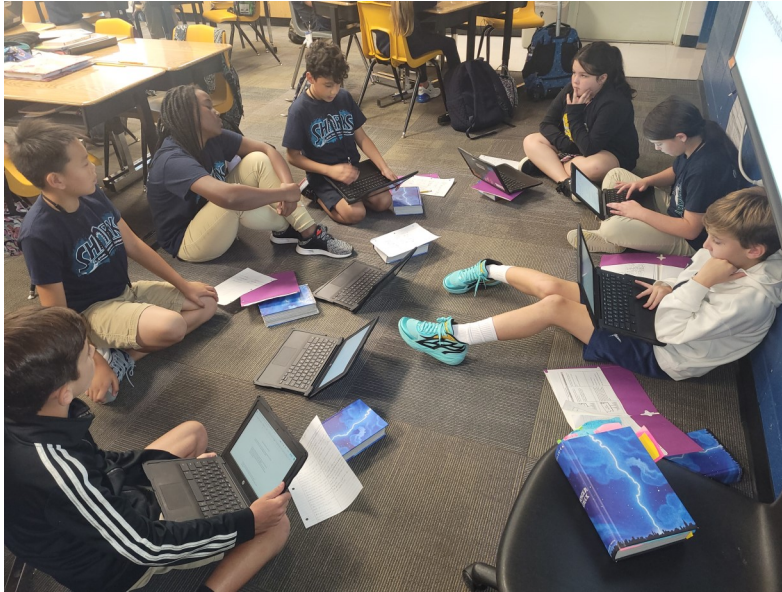
In social studies, students continued to review and sharpen their geography skills. They have learned to use map features to read the different types of maps. In science, we have continued working in Module One. The students spent the month learning about global patterns in locations of volcanoes, earthquakes, mountains, and canyons. They also investigated how canyons are formed.

In ELA, students are currently reading *The Whipping Boy*, by Sid Fleischman and a series of related informational texts to explore the question: What was life like in Medieval Europe living under the Feudal System? They will express their understanding by writing a literary analysis about how the relationship between Prince Brat and Jemmy develops and changes over time to reveal the theme at the end of the novel.



5th Grade

Fifth graders are really enjoying our Birchbark House unit in English Language Arts! They are reading and discussing their understanding of the novel to better explain why it is important for us to learn from our past! Also, they are enjoying the experiments in Science where they were separating mixtures! They brainstormed ways to separate substances and tried their ideas to see what worked! Finally, students are wrapping up their learning in Social Studies to prepare them for our JA Biztown field trip! They are excited to apply what they have learned during this awesome experience!



Art News

It has been a fun, busy and creative school year so far in the art room! Third graders created a picture alphabet turning the letters in their name into pictures that tell a story. They also created get-to-know 3-D sculptures by following directions that instructed what type of shape and what color paper to tell a story about themselves. Fourth grade students learned about the artist George Seurat who painted using the pointillism technique and are creating artwork using this technique. Fifth grade students are using the art element value to create a more 3-D effect in their drawings.

Our school is a member of Artsonia, an online art museum where each student will have a digital art portfolio. You may use the QR code:



or this link <https://www.artsonia.com/connect/H8PZRW64> to get an account set up for your child. You will be able to invite family and friends to view the artwork by joining their fan club. Merchandise featuring the student's artwork may also be purchased in the giftshop. These make great gifts or treasured keepsakes!

Math Tech Tips

If you are wondering about the new math curriculum, Eureka Math Squared, please view the Great Minds landing page that explains the Great Minds approach to math instruction. There is an overview of the materials that your child received from school as well as how to access your child's math materials via the Great Minds Digital Platform.

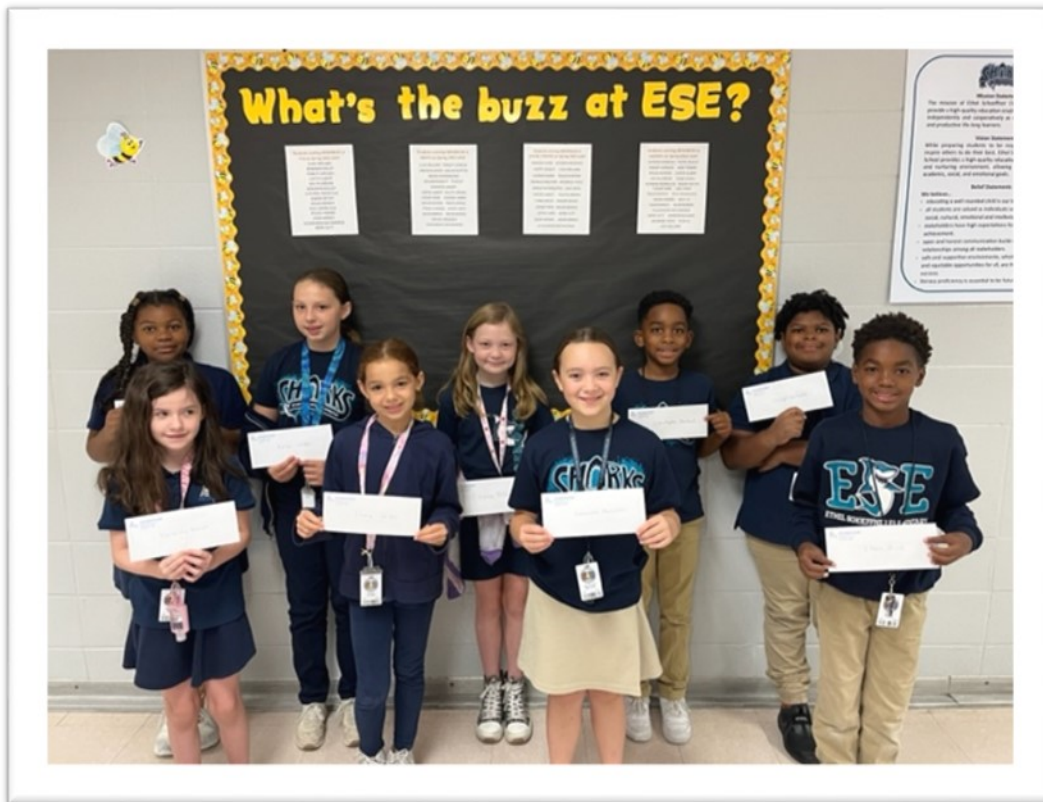
https://greatminds.org/math/eurekamathsquared/family-engagement?utm_source=Organic+social&utm_medium=social&mibextid=Zxz2cZ

Heather Skiba
Curriculum and Assessment Facilitator
Grades 3-5

September Students of the Month

Brooklyn Giordano, Addilyn Ward, Emmie Maxwell, Rylan Diket, Remi Marrow, Emma Jordan, Bailey Bridgeford, Cole Hammond, Audrey Deis, Michael Parks, Kade Tizzard, Roy Simoneaux Brynlee Welch, Morgan Winters, Akira Suitt, Laynie Lorio, Cydney Mire, Carmella Brady, Kailyn Jordan

Thank you Bayou Electrical for the donation of the bracelets for us to have fun on the rides at the Alligator Festival.



Congratulations to ESE 4th grader, Sidney Price, whose artwork was selected as a winner in the Youth Poster Contest. Her artwork will move on to be presented at the Louisiana Association of Fairs and Festivals Convention in February 2024.



P.T.O. News

PTO is excited for October! There are parent volunteer opportunities for the book fair (Oct 6-12) and Trunk or Treat (Oct 31)! Be on the lookout for the signup and details!

The PTO is continuing to provide to the ESE staff and students! The monthly shark attack for September was a hit -- popsicles after lunch! The kids all appreciated the surprise! Also, in 2022, we fundraised enough to purchase not 1, but TWO gazebos to provide additional shaded areas at ESE! Mrs. Terry received the final quotes and is finalizing the plans for the buildout. We can't wait to share pictures of it once they are constructed!



Also, if you haven't signed up yet, please scan the QR code below or reach out to esesharkspto@gmail.com with any questions.



4H Meeting Dates & Time

October 25
November 29
December 20
January 31
February 28
March 27

All meetings are from
3:05-4:05 PM
Please pick up students
promptly at 4:05 PM

October 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5 United Way Battle for the Paddle	6 Concessions @ lunch <i>maximum \$2</i>	7
8	9 Scholastic Book Fair	10 Scholastic Book Fair Picture Day Retake/Makeups End of 1st Quarter	11 Scholastic Book Fair	12 Scholastic Book Fair	13 Scholastic Book Fair Early Dismissal 11:55 AM Faculty Study	14
15	16 Fall Break NO SCHOOL	17 Fall Break NO SCHOOL	18 5th Grade Biztown Field Trip	19	20 5th Grade Biztown Field Trip	21
22 Red Ribbon Week October 23-27	23 Students may wear a red shirt with school appropriate bottoms	24 Too Bright For Drugs students may wear school appropriate bright colored shirts and/or bottoms	25 Follow Your Dreams, Don't Do Drugs students may wear pajamas (no slippers) 4th Meeting 3:05-4:05 PM	26 Crazy About Being Drug Free school uniform with "Crazy Hair" Early Dismissal 11:55 AM Conferences 12:30 PM-6:00 PM	27 Team Up Against Drugs favorite team shirt and school appropriate bottoms Early Dismissal 11:55 AM Conferences 12:30 PM-3:00 PM	28
29	30 Student of the Month Luncheons	31 HAPPY HALLOWEEN Trunk or Treat	November 1 Fall Break NO SCHOOL (Nov. 1st only)	2	3	4

OCTOBER 2023



ST. CHARLES PARISH
PUBLIC SCHOOLS

ELEMENTARY SCHOOL MENUS

This institution is an equal opportunity provider. Menus are subject to change.

Many Moons

Native Americans had special names for every full moon of the year. One name for the October full moon is the "Yellow Leaf Moon," as the changing colors of the leaves signal a new season!

STAY!!!!!!

Feeling sick as a dog? If you think it's the flu, please do yourself, your teachers, your classmates, and their families a favor and stay home until your fever's been gone for at least 24 hours. That's a good boy.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

AVAILABLE DAILY

With all meals
Low Fat White Milk
Fat Free Flavored Milk
Cold Lunch Choice
Monday: Sunbutter Sandwich
Tuesday: Chef Salad
Weds.: Deli Turkey or Ham Sandwich
Thursday: **CHARLEY BOY**
Friday: Sunbutter Sandwich

Monday, October 2

Breakfast

Parfait Bowl
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Red Beans w/Steamed Rice
Seasoned Mustard Greens
Steamed Carrots
Cornbread
Peaches

Tuesday, October 3

Breakfast

Chicken Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Nachos w/Golden Queso
Refried Beans
Steamed Corn
Taco Salad Cup, Salsa
Apple Wedges

Wednesday, October 4

Breakfast

St. Charley Cinnamon Roll
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Salisbury Steak & Gravy
Mashed Potatoes
Peas and Carrots
Dinner Roll
Banana

Thursday, October 5

Breakfast

Sausage Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Pork Stew
Steamed Rice
Carrot Soufflé
Steamed Cabbage
Pineapple Tidbits

Friday, October 6

Breakfast

Fresh Donut
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Fresh Hot Pizza
Marinara Sauce
Garden Salad
Fresh Grapes
Brownie w/Icing

TAKE YOUR HEALTH TO THE NEXT LEVEL

LEVEL UP

With School Lunch!
JOIN US FOR NATIONAL
SCHOOL LUNCH WEEK
OCTOBER 9-13, 2023

Monday, October 9

Breakfast

Grits with Bacon
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Chicken Tenders
Waffles w/Syrup
Green Beans
Carrots
Applesauce

Tuesday, October 10

Breakfast

Chicken Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Orange Chicken
Fried Rice
Broccoli Florets
Asian Chopped Salad
Tropical Fruit

Wednesday, October 11

Breakfast

St. Charley Cinnamon Roll
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Chicken/Sausage Gumbo
Steamed Rice
Potato Salad
Garden Salad, Crackers
Banana

Thursday, October 12

Breakfast

Sausage Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Spaghetti & Meatsauce
Peas
Italian Salad
Garlic Bread
Pineapples

Friday, October 13

Breakfast

French Toast Sticks
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Bosco Sticks
Marinara Sauce Cup
Green Beans
Orange Wedges

OCTOBER

The name "October" comes from the Latin word for "eight" -- but it's the tenth month! What gives? In the Roman calendar, it WAS the eighth month, but then January and February were added when the calendar was revised, and October kept its name.



Monday, October 16



Tuesday, October 17

Wednesday, October 18

Breakfast

Poptarts/Cereal Bars
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Fish Sticks
Macaroni & Cheese
Green Beans
Buttered Carrots
Strawberry Cup

Thursday, October 19

Breakfast

Sausage Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Chicken/Sausage Jambalaya
White Beans
Steamed Carrots
WW Roll
Pineapple Tidbits

Friday, October 20

Breakfast

Muffin Choice w/Cheese
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Hamburger/Cheeseburger
Crinkle Cut Fries
Lettuce/Tomato/Pickle
Orange Wedges
Cookie



The current record for the world's heaviest pumpkin is 2702 pounds!

Monday, October 23

Breakfast

Pancake Bites
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Chicken Alfredo Pasta
Green Beans
Carrots
Applesauce

Tuesday, October 24

Breakfast

Chicken Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Roasted Chicken
Loaded Mashed Potatoes
Corn
WW Roll
Pear Halves

Wednesday, October 25

Breakfast

St. Charley Cinnamon Roll
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Sweet & Sour Meatballs
Macaroni & Cheese
Steamed Broccoli
Garden Salad
Banana

Thursday, October 26

Breakfast

Sausage Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Bosco Sticks
Marinara Sauce Cup
Green Beans
Pineapple

Friday, October 27

Breakfast

Waffle
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Breaded Chicken Sandwich
Crinkle Cut Fries
Lettuce/Tomato/Pickle
Fresh Orange Wedges

YOU'RE STILL GOOD
ALL STUDENTS EAT ALL MEALS @
NO COST ALL YEAR LONG



Monday, October 30

Breakfast

Parfait
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Red Beans w/Steamed Rice
Seasoned Mustard Greens
Steamed Carrots
Cornbread
Peaches

Tuesday, October 31

Breakfast

Chicken Biscuit
Cereal w/Graham Crackers
Yogurt w/Tiger Bites
Fruit or Juice Choice

Lunch

Tacos w/Cheese
Steamed Corn
Refried Beans
Taco Salad Cup, Salsa
Halloween Side-Kicks

this month: olives

There are some foods that most kids don't like, but most adults do. Why? It's a mystery! Take olives, for instance. If you're a kid, chances are that you won't touch them. And no wonder -- they have a strong flavor and are also quite salty. But some grocery stores sell dozens of different kinds. **SOMEBODY** must be eating all those olives. Guess who? **ADULTS!**

